

Racing for Recovery Support Group Survey Results April 2015 – April 2015 Surveys of People with Addiction

Same Fitness/Wellness	0-3 Months	4-6 Months	7-9 Months	10-12 Months	Over 12 Months	Totals	Total %
Greater Sense of Hope	13	11	3	3	10	40	83%
Same Sense of Hope	1	0	1	0	5	7	15%
Less Sense of Hope	0	0	0	1	0	1	2%
Greater Fitness/Wellness	10	8	3	1	6	28	58%
Same Fitness/Wellness	2	2	1	2	4	11	23%
Less Fitness/Wellness	1	1	0	1	0	3	6%



"With Sobriety, Anything is Possible"

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Peer Support Group Survey Results, April 2015

Addict Surveys

48 responses

Greater Sense of Hope	83%
Same Sense of Hope	15%
Less Sense of Hope	2%
Greater Fitness/Wellness	58%
Same Fitness/Wellness	23%
Less Fitness/Wellness	6%

* fitness level omitted on some responses

Family Surveys

8 responses

More Hopeful	75%
Same Sense of Hope	25%
Less Hopeful	0%
Less stressed/insecure/helpless	75%
Same sense of stress/insecurity/helplessness	25%
More stressed/insecure/helpless	0%

A Key Performance Indicator of Peer Support Success for persons recovering from addiction is a sense of Hopefulness.

83% of respondents indicate a greater sense of Hope. 58% indicate a greater level of fitness/wellness.

Key Performance indicators for Family Support programs are a sense of hope and lessened feelings of insecurity, helplessness and stress.

75% of family respondents indicated feeling more hopeful and less stressed/insecure/helpless.



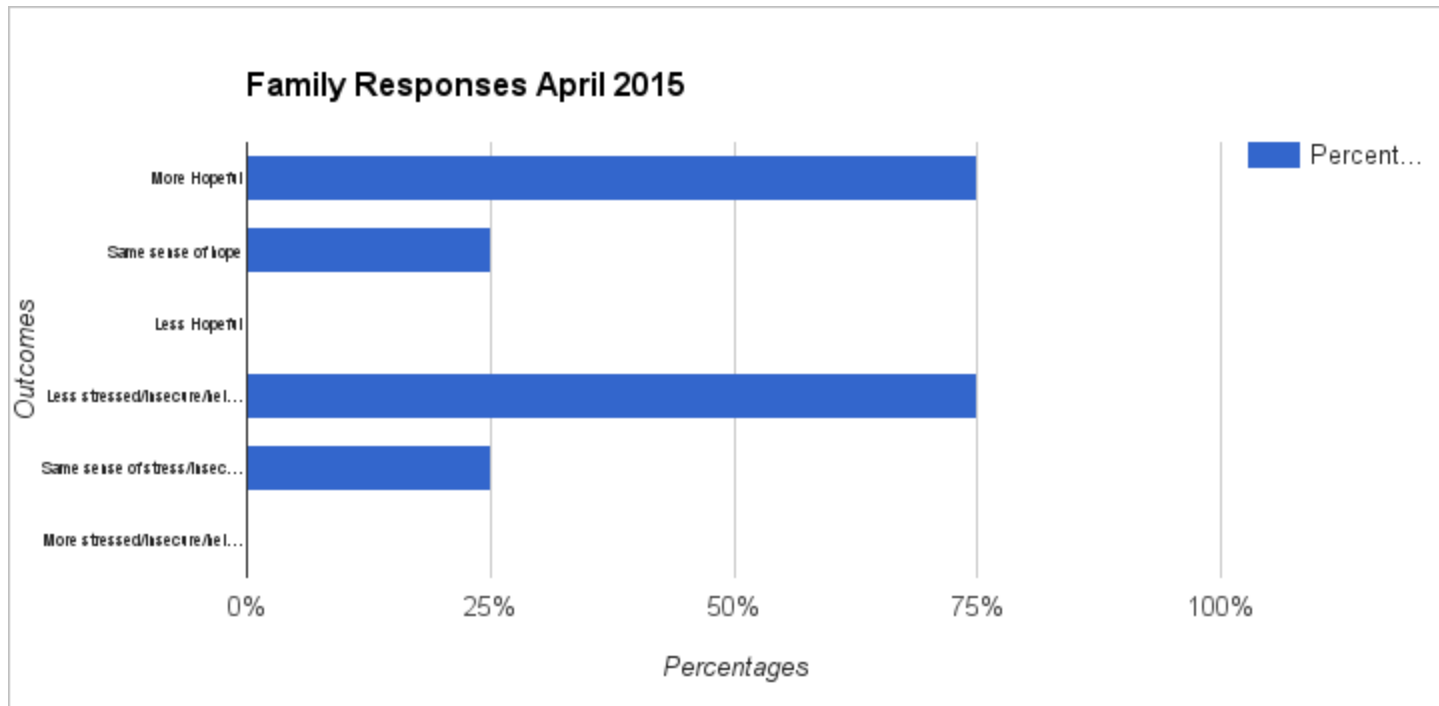
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Racing for Recovery Support Group Survey Results April 2015 – Family Results April 2015

	Percentage	Count
More Hopeful	75%	6
Same sense of hope	25%	2
Less Hopeful	0%	0
Less stressed/insecure/helpless	75%	6
Same sense of stress/insecurity/helplessness	25%	2
More stressed/insecure/helpless	0%	0



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